

## IMPORTANT INFORMATION

- Our school holiday program is included in swimming and gymnastics lesson memberships, with the exception of Rock Wall sessions.
- Cost for non-members:
  - Balance Play: \$8.60 per child, per session
  - Gymnastics (55 minutes): \$10.90 per child, per session
  - Gymnastics (90 minutes): \$13.20 per child, per session
  - Rock Wall: \$10.90 per child, per session
  - Swim & Survive 3-Day Intensive: \$45.60 per child
- All sessions must be booked online via the BALC online portal at [www.ballarataquaticcentre.com](http://www.ballarataquaticcentre.com).
- Limit of two classes per child, per day.
- Bookings for Healthy Kids members open **9am Monday 24 March 2025**. Bookings for non-members open **9am Monday 31 March 2025**.
- Non-members must pay upfront and in full when making a booking. Members must pay upfront and in full for rock wall sessions.
- Cancellations must be made at least two hours before your session start time, otherwise your payment will be forfeited.
- Cancellations can be made online under the 'My Bookings' tab on the BALC online portal.
- A booking credit will be applied to your account if you cancel at least two hours before your session start time.
- For all gymnastics classes, parents/guardians of children aged under 10 years must stay in the viewing area.
- **IMPORTANT! Closed-toe runners must be worn to rock climbing sessions.**
- For all swimming lessons, parents/guardians must abide by our Watch Around Water policy. Parents/guardians must remain in the aquatic area of the centre at all times. Children under 5 must wear a PINK armband. Children under 10 must wear a YELLOW armband.



## SCHOOL HOLIDAY PROGRAM

7 - 17 APRIL 2025

# TIMETABLE

	Monday 7 April	Tuesday 8 April	Wednesday 9 April	Thursday 10 April	Friday 11 April
9:00am - 12:00pm	Swim & Survive 3 Day Intensive Program (Various times throughout the morning)				
	Monday 14 April	Tuesday 15 April	Wednesday 16 April	Thursday 17 April	Friday 18 April
9:45am - 10:30am	Balance Play	Balance Play	Balance Play	Balance Play	Good Friday Public Holiday <b>BALC CLOSED</b>
10:45am - 11:30am	Balance Play	Balance Play			
11:00am - 11:55am			Tabloid Gymnastics	Tabloid Gymnastics	
			Rock Wall	Rock Wall	
12pm - 12:55pm	Tabloid Gymnastics	Gymnastics for All	Gymnastics for All	Ninja Gymnastics	
	Rock Wall	Rock Wall	Rock Wall	Rock Wall	
1pm - 1:55pm	Ninja Gymnastics	Gymnastics for All	Gymnastics for All	Gymnastics for All	
	Rock Wall	Rock Wall	Rock Wall	Rock Wall	
2pm - 2:55pm	Ninja Gymnastics	Ninja Gymnastics	Tumbling Intermediate	Tumbling Intermediate and Advanced	
	Rock Wall	Rock Wall			

**Swim & Survive 3 Day Intensive Program** Our intensive program is a great opportunity for children to strengthen and accelerate their skills. Students enrol in a 30 minute lesson that is run at the same time each day for 3 consecutive days. Places are limited and not guaranteed.

**Balance Play • 18 months to 5 years:** a parent/guardian assisted (**one child per parent/guardian**) program with a combination of guided free play and group activities. Duration: 45 minutes.

**Gymnastics for All • 4 to 16 years:** content is from our regular after school program and includes skills from a variety of apparatus and skill levels. Duration: 55 minutes.

**Ninja Gymnastics • 4 to 16 years:** combines gymnastics skills and apparatus and includes some ninja and parkour skills! Be prepared for lots of jumping, rolling, swinging and fun! Duration: 55 minutes.

**Tabloid Gymnastics • 4 to 16 years:** ninja skills, circus, and gymnastics skills with an obstacle course allowing kids to work around the entire gymnastics hall and try of lots of different areas! Duration: 55 minutes.

**Rock Wall • 5 to 16 years:** Scale new heights on our rock climbing wall! Parents/carers of children between 5 and 9 years **must** stay in the viewing area. **Runners must be worn to climbing sessions.** Duration: 55 minutes.

**Tumbling • Intermediate 8-12 years:** Designed for dancers (and gymnasts) to work on basic to intermediate tumbling including handstands, cartwheels, round-off's, front handsprings and walkovers. This class is open to students with basic to intermediate gymnastics/acro knowledge who have a basic handstand and cartwheel and/or gymnasts enrolled in our Swing, Flip, Glide or Twist class. Duration: 90 minutes.

**Tumbling • Advanced 11-16 years:** Designed for dancers (and gymnasts) to work on intermediate to advanced tumbling including front and back handsprings, front and back tucks and aerials. Open to students with intermediate to advanced tumbling skills who can successfully walkover and round-off and/or students enrolled in our Twist or Barani class. Duration: 90 minutes.