



SATURDAY GROUP FITNESS ROSTER

DATE	CLASS	INSTRUCTOR
14th of October	BODYPUMP KIBOX	MICHELLE MICHELLE
21st of October	BODYPUMP KIBOX	MEGAN MEGAN
28th October	BODYPUMP KIBOX	SAMANTHA A BILLY
4th November	BODYPUMP KIBOX	CLAIRE F CLAIRE F
11th November	BODYPUMP KIBOX	SAMANTHA A BILLY
18th November	BODYPUMP KIBOX	MICHELLE MICHELLE
25th of November	BODYPUMP KIBOX	SAMANTHA A MEGAN
2nd December	BODYPUMP KIBOX	CLAIRE CLAIRE
9th December	BODYPUMP KIBOX	CYNDI SARAH
16th December	BODYPUMP KIBOX	MICHELLE MICHELLE

SUNDAY GROUP FITNESS ROSTER

DATE	CLASS	INSTRUCTOR
October 15th	10AM BODYPUMP 11AM YOGA 4.30PM BODYPUMP	KATE MICHELLE MEGAN
October 22nd	-RUN BALLARAT- 11AM PILATES 4.30PM BODYPUMP	-BODYSTEP CANCELLED- SARAH CYNDI
October 29th	10AM BODYPUMP 11AM BODY BALANCE 4.30PM BODYPUMP	LEE TRACEY CLAIRE
5th November	10AM BODYSTEP 11AM YOGA 4.30PM BODYPUMP	CAROLYN MICHELLE SAMANTHA
12th November	10AM BODYSTEP 11AM PILATES 4.30PM BODYPUMP	CAROLYN SARAH CLAIRE
19th November	10AM BODYPUMP 11AM BODYBALANCE 4.30PM BODYPUMP	SAMANTHA CAROLYN CYNDI
26th November	10AM BODYSTEP 11AM YOGA 4.30PM BODYPUMP	LEE MICHELLE B CLAIRE
3rd December	10AM BODYPUMP 11AM BODYBALANCE 4.30PM BODYPUMP	CAROLYN CAROLYN SAMANTHA
10th December	10AM BODYSTEP 11AM BODYBALANCE 4.30PM BODYPUMP	LEE TRACEY MEGAN
17th December	10AM BODYSTEP 11AM YOGA 4.30PM BODYPUMP	LEE MANGALA CYNDI